Canteen Menu 2017

CANTEEN IS OPEN FROM 7:45 AM FOR BREAKFAST & ORDERS. $5 Daily meal deals must be pre ordered before school. G/F and Vegetarian options are available for most things but must be pre ordered before school so it can be made. Bags are available. No heating of food or hot water in noodle cups allowed. Canteen prices on the menu are correct at time of printing, prices are subject to change without notice.

SANDWICHES

*WHOLEMEAL, WHITE BREADS, ROLLS, WRAPS G/FREE WRAPS AVAILABLE

Sausage Roll $3.30
Pie $4.20
Potato Pie $4.50
Hotdog / with cheese $3.50
Chicken Goujons (6) $3.00
Nachos $3.50
Burger– Hamburger, Cheese & chicken $4.50
Vegetable Burger $4.50
Kebab chicken/beef $5.00
Hot Chicken wrap $5.00
Pizza 6” $5.00
Wedges oven baked $4.00
Low fat Sour Cream & Sweet $3.00
Chilli Sauce $3.00
Sauce Sachets 30c

DRINKS

Poppers 100% juice $2.00
Plain Milk 600ml $2.50
Up n Go Brekkie 250ml $2.50
Flavoured milk 300ml $2.50
Flavoured milk 500ml $4.00
Water 600ml $2.00
Pump water 750ml $3.50
Water 1litre $4.00
Vitamin Water 450ml $4.00
Sparkling Mineral Water $3.00
Iced Tea $4.00
Glee 250ml $2.00
G/ Valley100% fruit $3.50
Sparkling Lite Mineral Water $3.50

ICE BLOCKS

Zooper Dooper 50c
Icy Twist/ Cyclone $1.50
Paddle Pop $2.00
Frozen Yogurt $2.50

SNACKS

Yogurt Muesli $2.50
Choc Chip Cookie $2.00
G/F Cookies/Cake $3.50
Muffins $3.50
Jelly cups $2.00
Cheese & crackers $2.50
Pieces of Fruit $1.00
Fresh Fruit Salad (Seasonal) $3.00(L)
$2.00(S)

BREAFKAST

Thick cut Raisin Toast $3.00
Toast with Jam, Vegemite etc.$2.50
Banana Bread $3.00
Hash Brown $1.00
Brekkie Wrap $4.00
Breakfast Smoothie $4.00
Breakfast SPECIAL* $5.00
*toasted sandwich + popper/milk

SNACKS

Salad Tub $4.50
Meat & Salad $5.00
Chicken Caesar Salad $5.00
Roasted Vege/Quinoa $5.00

Our Canteen provides Health Choices under the guidelines of the Smart Choice/Healthy Choice Standards of Education Qld. Green Healthy Choice Amber: Eat in moderation Red: Eat Occasionally

2017 TERM 1 $5 daily meal deal MONDAY 7” small chicken wrap, 150ml popper & small fruit tub TUESDAY Sushi, 250ml water & jelly cup WEDNESDAY ham & cheese toastie, small flav milk & icy twist ice block

THURSDAY Pizza rounda, 250ml water & jelly custard cup FRIDAY Mini cheeseburger, 150ml popper & small fruit tub

TERM 1 $4.50 HOT DAILY SPECIAL MONDAY pasta carbonara. TUESDAY butter chicken & rice WEDNESDAY spaghetti bolognaise THURSDAY honey soy chicken noodles FRIDAY Fried Rice